# INTERDISCIPLINARY CENTER FOR COMMUNITY HEALTH & WELLNESS













### **OUR MISSION**

The CMU Interdisciplinary Center for Community Health & Wellness is building bridges for collaboration with the community to deliver interdisciplinary educational programs, research, and projects focused on community health priorities in the Great Lakes Bay Region. The Center facilitates connections to support health and wellness opportunities in the region and a network for connecting students, faculty, and the community. Our purpose is to stimulate and promote basic and applied research about health and wellness for disease prevention, health promotion, health communications, quality of life improvement and related economic benefits for the region, Michigan and beyond.

#### **AN OVFRVIFW**

Community health and wellness influences extend far beyond the realms of health care settings. Factors as diverse as early childhood development, employment opportunities, educational attainment, food availability, housing, public safety, transportation, recreation and the environment, all influence health and well-being of children, families and adults. This broad concept of well-being calls for true collaboration across professions and disciplines.

We believe CMU can be a catalyst in forging partnerships to build bridges across sectors of education, science, medicine, healthcare, business and government to share cutting-edge approaches, exchange ideas, and help shape solutions. Many opportunities exist for cross-sector community collaborations to advance urgent health priorities – especially in medically underserved rural and urban communities. CMU's expertise in health & wellness spans many disciplines and many specialty areas. We're known for our work in mobile health and wellness, autism, communications, early childhood, education, public health, human services, psychiatry, and behavior treatments. Our vision for the Center is to create synergies and stimulate interdisciplinary educational programs.

### COLLEGES WORKING IN PARTNERSHIP

- · College of the Arts & Media
- College of Education & Human Services
- College of Liberal Arts & Social Sciences
- The College of Medicine
- The Herbert H. & Grace A. Dow College of Health Professions

### **SERVICES**

- Interdisciplinary research, service, and applied practice connected to wellnessrelated partnerships & community health priorities.
- Inter-professional education, programs, research, and service outreach

## LET US CONNECT WITH YOU

CMU Interdisciplinary Center for Community Health & Wellness

Alison Arnold, Director

Email: Alison.Arnold@cmich.edu

Tel: 989.774.4356

