**Substance Use Disorder (SUD) Regional and Statewide Resources**

[**Michigan State Police Angel Program**](https://www.michigan.gov/msp/0%2C4643%2C7-123-72297_34040_99335---%2C00.html)

The MSP Angel Program allows individuals struggling with a Substance Abuse Disorder to walk into an [MSP post](http://mi.gov/mspposts) during regular business hours to ask for assistance. MSP Angel Program participants are guided through a professional substance abuse assessment and intake process to ensure proper placement into treatment. An “Angel” volunteer from the local community will respond to the post to support the individual during the intake process and to provide transportation to the appropriate treatment facility.

[**Substance Use Disorder Service Providers by County**](http://www.med.umich.edu/1libr/PainSteeringCommittee/MichiganSubstanceAbuseTreatment.pdf)

Substance Abuse Disorder services and programs by county in Michigan; the list is provided in conjunction with the University of Michigan.

[**Michigan Crisis and Access Line (MiCAL)**](https://mcal-prod.force.com/mical/s/)

This is a 24-hour confidential crisis support for people in distress.

Call or Text 1-844-44 MICAL (1-844-446-4225)

[**Michigan Department of Health & Human Services**](https://www.michigan.gov/mdhhs/)

Services for all Michigan residents for support with emergency relief, food assistance, health care, and housing.

**School and Family Resources**

**[Above the Influence](https://abovetheinfluence.com/)**

Every teen’s life is filled with pressure, some of it good, some of it bad. The goal is to help teens stand up to negative pressures, or influences. The more aware they are of the influences around them, the better prepared they will be to face them, including the pressure to use drugs and alcohol.

[**Ask, Listen, Learn: Kids and Alcohol Don’t Mix**](https://www.swmbh.org/)

Provides youth ages 9-12, along with their parents and educators, information about the dangers of underage drinking. The program’s new digital resources were created to teach what the brain does, what alcohol does to it, and what that does to you. The new materials make teachers and parents better equipped with the facts and tools to have substantive and effective conversations to prevent underage drinking.

[**Drug-Free Northern Michigan Entity**](https://www.drugfreenorthernmichigan.net/)

An education program whose mission is to increase public awareness of substance use disorder. Provide education to the community on how to access prevention, treatment, and recovery resources for themselves or their loved ones.

[**Just Think Twice**](https://www.justthinktwice.gov/)

This site provides helpful information for people who are dealing with substance use issues — and their family members, friends, and co-workers.

[**Mental Health America (MHA)**](https://screening.mhanational.org/)

Free mental health tests and associated resources.

[**NIDA for Teens**](https://teens.drugabuse.gov/)

Get the latest on how drugs affect the brain and body. Featuring videos, games, and blog posts.

[**OK2SAY**](https://www.michigan.gov/ok2say)

OK2SAY is available state-wide for public and private schools in Michigan; anybody can submit a confidential tip. Specially trained technicians receive the tips and filter the information to the appropriate agency to provide a timely and effective response.

Text: 652729 (OK2SAY)

[OK2SAY Teacher/Counselor Resources](https://www.michigan.gov/ok2say/0%2C5413%2C7-366-86299---%2C00.html)

[**Substance Abuse and Mental Health Services Administration (SAMHSA)**](https://www.samhsa.gov/)

[**US Government agency Evidence-Based Practices Resource Center**](https://www.samhsa.gov/resource-search/ebp?rc%5B0%5D=audience%3A20202)

Practitioner Training, Grants, Data, Programs, and Resources.

[**The Cool Spot**](http://www.getsmartaboutdrugs.com/)

National Institute of Alcohol Abuse and Alcoholism gives information to teens on the impact of alcohol use and how to resist peer pressure.